

## **ADDITIONAL ELECTIVE COURSES**



### **1170F CONCEPTS, ISSUES AND FIELD EXPERIENCE IN EDUCATION**

UWGB EDU208

Grades 11, or 12

.5 elective credit for Bay Port, 3 college credits at UWGB – transferable to any course

This course teaches the practical skills and dispositions needed to work effectively with children, teachers, staff, and administrators in various K-12 learning environments and will help students think in new and informed ways about teaching, learning, and a profession in education. Successful completion earns students 3 college credits at the University of Wisconsin Green Bay, transferable to any university program. This course offers blended instruction; students should be prepared to learn in class, in the field, and online. To meet off-campus expectations, students must have reliable transportation and parent/guardian permission to travel during the school day.

### **09004E MINDFUL U**

Prerequisite: None

Grade: 10, 11, 12

Semester / .5 credit

Mindfulness is paying attention, on purpose, in the present moment, non-judgmentally. Practicing mindfulness decreases stress and anxiety, increases attention, improves interpersonal relationships and strengthens compassion. In this course, you will learn how to engage in self-care and self-compassion to enhance your overall well-being, feel more centered in difficult situations, and find new ways to cope with anxiety, stress, and challenging emotions.

### **5026 DEVELOPING YOUNG LEADERS I**

Prerequisite: None

Grades: 10, 11, 12

Semester/.5 credit

This course introduces students to concepts and skills related to leadership and leadership styles. Developing Young Leaders will provide an opportunity for students to examine how attitudes about themselves and others influence leadership behavior. This course is designed to teach high school students the values of citizenship, personal responsibility, life successes, perspective and wellness. Students will determine what positive leadership qualities they have and create individual or cooperative activities to expand and develop those qualities. Our end result is to develop the necessary skills for students to make a positive impact in our school or community.

### **6454 NURSING ASSISTANT - OFFERED AT BELLIN COLLEGE OR NWTC**

Prerequisite: Introduction to Health Science

Grades: 11, 12

Semester/.75 credit

This course prepares students for employment as nursing assistants. Upon successful completion of the course, the student is eligible to take the Wisconsin Nursing Assistant Competency Evaluation to become certified for employment in a variety of healthcare establishments. This course is held off site at either Bellin College or NWTC outside of the regular school day; it may include some weekends. An application and additional enrollment steps are required. A course fee may apply. Please contact your counselor for more information.